

## HLTAID001

# Provide Cardiopulmonary Resuscitation

### PERSONS WHO WOULD BENEFIT FROM THIS COURSE

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This unit is appropriate for those working in all variety of roles and whom are required to have CPR as a part of their job description at worksites or at home.

### COURSE DESCRIPTION

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Provide students with the ability to perform CPR, including breathing and compressions and to preserve life.

### COURSE CONTENT

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- At the end of this course the successful student will be able to:
- Understand ARC guidelines relevant to the provision of CPR
- Implement safe work practices to minimise risks and potential hazards
- Implement Infection control principles and procedures including use of standard precautions
- Need for stress-management techniques and available support following an emergency situation
- Duty of care requirements
- Respectful behavior towards a casualty
- Consent
- Privacy and confidentiality requirements
- Importance of debriefing
- Considerations when providing CPR, including: - airway obstruction due to body position
- Appropriate duration and cessation of CPR - appropriate use of an AED
- Chain of survival
- Standard precautions
- Basic anatomy and physiology relating to: absence of normal breathing, anatomy of the external chest, physiology relating to response/consciousness upper airway anatomy and effect of positional change
- Follow the prompts of an Automated External Defibrillator (AED)

## **ASSESSMENT**

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Group activities  
Knowledge assessment  
Practical assessment  
CPR must be demonstrated on the floor for 4 minutes

## **DELIVERY**

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Face to face.

## **COURSE DURATION**

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5 hours.

## **AWARD**

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Statement of Attainment: HLTAID001 Provide Cardiopulmonary Resuscitation.

## **COURSE DELIVERY DATES**

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Please contact our office on (07) 4725 0354.

## **COURSE FEE**

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Please contact our office on (07) 4725 0354 for a current course price.