

HLTAID003

Provide first aid

PERSONS WHO WOULD BENEFIT FROM THIS COURSE

This unit is appropriate for those working in all variety of roles and whom are required to have provide first aid as a part of their job description at worksites or at home.

COURSE DESCRIPTION

Provide students with the ability to provide first aid, including breathing, compressions, first response and to preserve life.

COURSE CONTENT

- ARC Guidelines relevant to provision of CPR and first aid
- Safe work practices to minimise risks and potential hazards
- Infection control principles and procedures, including use of standard precautions
- Requirements for currency of skill and knowledge
- Legal, workplace and community considerations including:
- Need for stress-management techniques and available support following an emergency situation
- Duty of care requirements
- Respectful behavior towards a casualty
- Own skills and limitations
- Consent
- Privacy and confidentiality requirements
- Importance of debriefing
- Considerations when providing first aid including:
- Airway obstruction due to body position
- Appropriate duration and cessation of CPR
- Appropriate use of an AED
- Standard precautions and infection control
- Choking and airway obstruction
- Cold and crush injuries
- Diabetes
- Dislocations
- Drowning
- Envenomation - poisoning by venom
- Environmental impact (including hypothermia, hyperthermia, dehydration and heat stroke)
- Epilepsy
- Eye and ear injuries

- Fractures
- Head, neck and spinal injuries
- Minor skin injuries
- Needle stick injuries
- Poisoning and toxic substances
- Respiratory distress, including asthma and other respiratory conditions
- Seizures
- Severe allergic and anaphylactic reactions
- Shock
- Soft tissue injuries
- Unconsciousness, abnormal breathing or not breathing
- Basic anatomy and physiology relating to:
 - Absence of normal breathing
 - Anatomy of the external chest
 - Physiology relating to response/consciousness
 - Upper airway anatomy and effect of positional change
 - Anatomy and physiology considerations in provision of first aid for specified conditions

ASSESSMENT

Group activities
Knowledge assessment
Practical assessment

DELIVERY

Face to face.

COURSE DURATION

8 hours.

AWARD

Statement of Attainment: HLTAID003 Provide first aid
HLTAID001 Provide cardiopulmonary resuscitation

COURSE DELIVERY DATES

Please contact our office on (07) 4725 0354.

COURSE FEE

Please contact our office on 07 47250354 for a current course price